

Eat Your Way Through Alhambra



Super A Foods has stood its ground in Alhambra for the past 30 years. With its location designated right beside Alhambra High School, a decent portion of its customers are students. As evident in the majority of its products, the market caters more to cultural tastes.



Ralphs contains a large variety of branded items that provide a larger range of products, rather than just grocery items. It provides many options for its customers that range from produce to health and beauty aids, helping it appeal to different demographics.



OLIVIA CHEUNG & KATHERINE ONG
News Editor & Staff Writer

According to the United States census, which is issued every ten years, Alhambra had a population of 83,089 citizens in 2010. With a population of that amount, the Alhambra community is comprised of many cultures. This cultural blend is partially represented by the produce available in local supermarkets.

Though supermarkets carry the same goal—to provide more options to the community—competition for business is fierce and stores compete through prices and having a variety of items.

Like most people, the citizens of Alhambra are attracted to particular markets because of their personal preferences, with prices as a major factor.

A price comparison of several items chosen from four markets revealed that Target was the ideal supermarket where one can find the best values.

Note: The recorded prices are standard, without the additions of coupons or savings card benefits.

MOOR graphics by SHARON XU

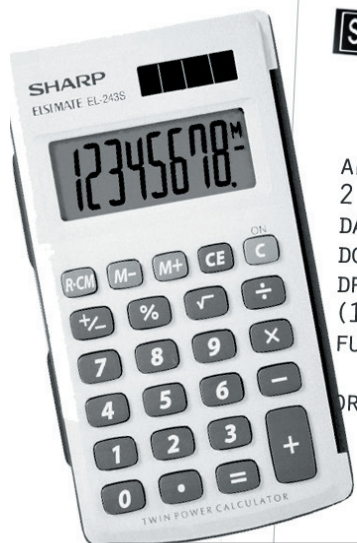


Target's store motto, "Expect more, pay less," remains true now that the store has been recently renovated to include a grocery section. Through this new addition, Target aims to attract more shoppers with its larger variety of available products.



Fresh & Easy hasn't been in Alhambra long since its grand opening in 2009. However, it has made its mark in the community with its line of organic food and freshly made products sold daily, providing a healthier selection.

PHOTOS COURTESY OF GOOGLE.COM



Save Everyday
SUPER A FOODS
Save Everyday

ALTA DENA MILK	\$2.99
2 LITER COKE	\$1.69
DASANI (24 PACK)	\$4.99
DORITOS	\$4.29
DREYERS ICE CREAM (1.5 QT)	\$5.39
FUJI APPLES (PER LB)	\$1.99
ORANGES (PER LB)	\$1.00

Ralphs
fresh fare
"A Passion For All That's Good"

ALTA DENA MILK	\$4.99
AQUAFINA (24 PACK)	\$3.99
2 LITER COKE	\$1.99
DORITOS	\$4.29
DREYERS ICE CREAM (1.5 QT)	\$6.49
FUJI APPLES (PER LB)	\$1.99
ORANGES (PER LB)	\$0.99

fresh & easy

ALTA DENA MILK	3.19
DORITOS	3.49
DREYERS ICE CREAM (1.5 QT)	4.99
F&E WATER (24 PACK)	2.99
FUJI APPLES (PER LB)	0.79
ORANGES (PER LB)	0.98
2 LITER PEPSI	1.79

TARGET
EXPECT MORE. PAY LESS.
08:38 PM

ALTA DENA MILK	\$4.29
2 LITER COKE	\$1.89
DASANI (24 PACK)	\$5.49
DORITOS	\$3.69
DREYERS ICE CREAM (1.5 QT)	\$4.09
FUJI APPLES	\$0.69 EACH
ORANGES	\$0.79 EACH

Absence of Sports Theory Classes Impacts Students

DIANA LI
Staff Writer

With fall sports in full swing, AHS' sports teams are striving to improve throughout their season. However, new limits to sixth period sports theory classes are placing some sports teams at a disadvantage.

This year, only four sports theory classes remain: baseball, softball, soccer and football.

In previous years, sports theory classes were also available for sports, such as tennis and basketball. However, because of the inavailability of coaches due to budget cuts and declining school enrollment, these classes have been cut to better fit school curriculum.

Currently, school enrollment has declined compared to previous years. Because the demand for these classes have

now been lowered, the number of available classes have been lowered as well.

In addition, some student requests for sports theory classes conflict with their requests for other classes, which encumber the master scheduling. These

"If [students] have [a] sixth period P.E. class, it lessens the impact on [their] academic classes on game days."

- Gerald De Santis

combined factors are the main cause for the reduced number of sports classes.

Although the decision to remove some sports theory classes may have been fiscally appropriate, students who are in sports but not in a theory class may be at a disadvantage to their peers who

are in both.

"If [students] have [a] sixth period P.E. class, it lessens the impact on [their] academic classes on game days," Athletic Director Gerald De Santis said.

Not having a sixth period theory class not only takes away from individual team members but also from the team as a whole.

"It's a disadvantage to the team to start later. Their practices are going to end later, so it takes [time] away from [the students]," former tennis theory coach David Lawson said.

However, there is still hope for student athletes. If state finances and student interest increase, then there is a possibility that some sports classes may be brought back.

In the meantime, AHS' sports teams can still push through this rough patch and into success.

No More Blessings During Class

SHANNON LI
Staff Writer

Everyone is bending over their test, furiously scribbling to beat the clock, when suddenly a loud noise is heard.

"Achoo!"

"Bless you."

Doubtless this has happened to many people in class. However, a teacher in Vacaville, California has decided that this practice should be eliminated. Steve Cuckovich has forbidden his students from saying the phrase in class.

"When you sneezed in the old days, they thought you were dispelling evil spirits out of your body," Cuckovich said in a KFVS-TV interview. "So they were saying, 'God bless you' for getting rid of evil spirits. But today, I said what you're doing doesn't really make any sense anymore."

He says his policy has nothing

to do with religion and believes the phrase is outdated and disrupts the learning process.

Cuckovich even lowered a student's grade for saying "bless you" but stopped due to parental complaints. However, he wants to find other ways to discipline students for saying the phrase.

Other educational instructors feel differently.

"It's a frivolous thing. Why would someone worry about something like that?" math teacher Paul Stein said.

Similarly, students think Cuckovich's practice makes little sense.

"He needs to be tolerant about religion even if he isn't religious himself, because this is America and freedom of speech should be respected," junior Gary Qi said.

"Students should be guaranteed their individual rights even on school campus."