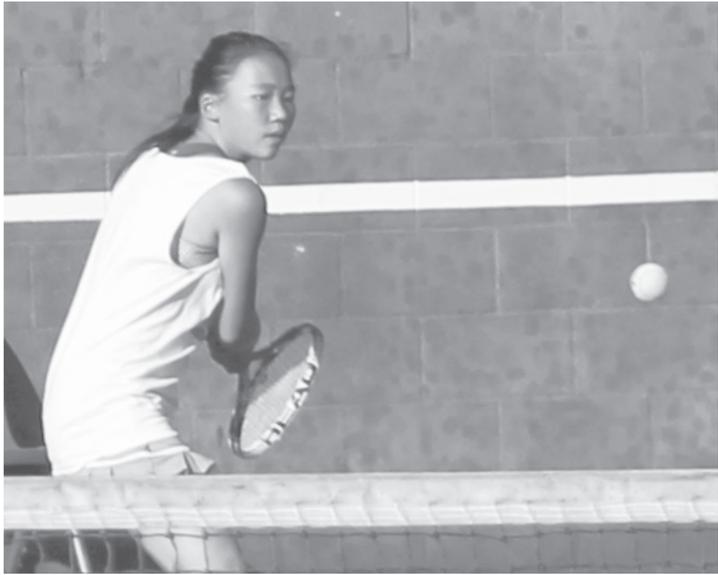


Varsity Girls' Tennis Diligently Enters Season



MOOR photo by SHANNON KHA
RETURNING THE BALL During the AHS girls' varsity tennis match against the Montebello Oilers on Oct. 1, doubles player Monica Wu hustles to recover from an unfortunate start. In spite of the difficulties, AHS settles with a winning score of 11-7.

NATE GARCIA
Sports Editor

As the heat of summer starts to deteriorate and the coolness of fall begins to kick in, AHS fall sports are beginning the start of their Almont League season. Of the sports, the varsity tennis team heads into their singles and doubles matches with a relatively novice roster.

The Lady Moors currently maintain an Almont League record of 2-4 and an overall record of 4-10. Since this year's team is made up of mainly JV players that were bumped up to the varsity team at the beginning of the year, Head Coach Calvin Chow asserts that the team is still in the process of unifying.

"I have one starter back, but these girls have been beginning to gel as a group and as a team. [We are] hoping to make league [finals] and California Interscholastic Federation playoffs," Chow said.

"I have one starter back, but these girls have been beginning to gel as a group and as a team."

-Calvin Chow

Practice is held every day at the on-campus tennis courts from 3:15 to 5:30 p.m. They first warm up by doing cross-court ground strokes, and then move on to practicing funda-

mentals, including volleys, serving and practicing strokes with an automatic ball feeder. They end practice with a Moor cheer.

Team chemistry is an important aspect of sports in order to build bonds and be able to play well together. As time progresses, the girls have "become more comfortable with each other playing at a more advanced level," according to sophomore singles and doubles player Emily Tran. "We've been doing okay, we are learning because we are a young team.

Overall, I'd say we're doing pretty good," Tran said. Support the Lady Moors as they play their next league match against the Schurr Spartans on Oct. 15.

NCAA Athletes Unite for an Increase in Players' Rights

WESLEY TSAI
Staff Writer

National Collegiate Athletic Association (NCAA) athletes from around the country have united in an act to take over the media. APU has been seen around lately on athletes; whether it is on their jerseys or on their wristbands; the letters APU stand for 'All Players United,' a movement in which the National Collegiate Players Association (NCPA) advocates for the athletes to have more benefits such as health care, more scholarship money and the end of restrictions on legitimate employment and players' ability to take advantage of commercial opportunities

"[Football players] deserve [more benefits] since they are playing at a higher level of football with a chance of entering the National Football League (NFL), where these benefits exist. [NCAA] football players should also get this benefit because their games are [shown] as NFL games," junior football player Kyle Hua said.

Petitions have been going around on the NCPA website to advocate changes for college athletes who play under NCAA regulations. NCPA's purpose is to protect players from concussions and for the benefit of the players health and safety. This action will make its way with more players representing the APU cause to the media. It is expected that players in the nation will continue to use hashtags such as #APU and #AllPlayersUnited as a means to reveal to the media of their seriousness of this situation.

"Players will continue to wear APU [wristbands] throughout the season and spread the word. They've been using bodies to make money for those who run the NCAA sports. Now, for the first time, they're using their bodies to push for basic protections at the very least." NCPA president Ramogi Humasaid, according to CBS Sports.

This campaign hopes to break through media, in hopes of showing the importance of player's rights. With the large number of supporters and players, the movement will hopefully continue to spread.

Cross Country Continues Meticulous Execution for League



MOOR photo by YIBEI LIU
TOWARD THE FINISH LINE After an intense start in league, the cross country team perseveres through even more strenuous training to reflect upon their performance.

ANHAYTE GUAJARDO
Staff Writer

When the first gun went off on Oct. 2 at Legg Lake, all athletes were ready to give their best performance in their first Almont League race. Scoring first place in the varsity girls' race was junior Anhayte Guajardo, with junior Daniel Ramirez placing second in the varsity boys' division.

"The freshman and sophomore team did great! We did not walk and we kept our pace," sophomore Gabri-

ela Carrazco said, "By our last race, [we finished] strong and with pride."

When it comes to placing as a team, Head Coach Sandra Rodriguez emphasizes that in a cross country league meet, an athlete does not run for their time but for their place. The first five runners that come in for their team are scored and the team with fewest points receives the best place.

"Although the team ran good times, we need to work on our fourth and fifth [place] runners

for both varsity boys' and girls' to ensure our second place and continue to CIF," Rodriguez said.

Rodriguez also explains that the importance of maintaining teamwork is important because cross country is the ultimate team sport. Runners need to work together during practices and races to help each other run faster and receive a higher place closer together. She also encourages members to cheer for their team as they run by to help them dig for that extra effort to help them finish the race.

"We still have the same mentality, that we are in it for ourselves, but we need to work together and finish as a team if we want to place for CIF," captain Kevin Burgos said.

By the end of the first league meet, the varsity girls' team scored third place, varsity boys' scored fourth and the frosh boys' and girls' team scored fifth. The teams' next league race will be on Oct. 16 at Legg Lake.

Varsity Boys' Waterpolo Treads Through Preseason

KAYIU WONG
Staff Writer

During the water polo team's recent matches against Sierra Vista and Burroughs High School, AHS varsity athletes saw firsthand how the difference between winning and losing is often decided by the slimmest of margins.

Both games, on Sept. 26 and Oct. 1, resulted in close scores, but ultimately losses for the Moors in the end. Currently, the team's pre-

season record stands at 1-8. "We have the speed and endurance when it comes to swimming. We need to improve on being faster [and] getting down high corner shots," captain Daniel Lindley said.

Improving offensive tactics, working around opponent goalies and executing shooting plays are main focuses during practice.

Nonetheless, defensive tactics have proven to be the strongest attribute of the team. According

to Head Coach Adrian Lopez, the players tie in stealing the ball and handling skills very well with set and point defense. In turn, the varsity water polo team's defense has become a force to be reckoned with.

"We are constantly playing schools with ample substitutes and our defense usually makes their numbers count for nothing," Lopez said.

MOOR graphic by SYDNEY LI

SIMEON LAM
Staff Writer

As the season progresses with conference play looming around, Head Coach Rich Apriesio leads the JV football team with a specific plan. He has implemented a new offensive system that the players have adjusted to. Even though they maintain a losing record, the Moors earned an significant 48-0 win against the LA Wilson Mighty Mules. "It's great working with

[the players]," Apriesio said. "They are catching on in a new system that we're teaching."

Since league games are up ahead, the team practices daily to install new plays both on offense and defense. According to Apriesio, the team's strength is their running attack because they have a great running back through team captain Joey Santana.

"Besides the running game, our team is very strong and physi-

cal," Santana said. "It's a great experience as a captain of this football team."

The players have said nothing but good things about this football team, especially the coach. According to Santana, the team believes that Apriesio is a smart coach who knows what he is talking about.

The team's next league game is on Oct. 17 against Mark Keppel at Moor Field.

MOOR graphic by SIMON ZHAO

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Support your fellow MOORS at home games!

Cross Country = none, only away games

Volleyball: 10/18 (V - VS. San Gabriel) Tues. (3:15)
 JV: (4:30)
 FS: (4:30)

10/16 (FS - VS. Gabrielino) Wed. (3:00)
 10/22 (V - VS. Schurr) Wed. (3:15)
 JV: (4:30)
 FS: (4:30)

Football: 10/17 (JV - VS. Mark Keppel) Thurs. (3:15, MOOR Field)
 10/18 (V - VS. Mark Keppel) Fri. (3:15, MOOR Field)

Tennis: 10/15 (JV - VS. Schurr) Tues. (3:00)
 10/18 (V - VS. Montebello) Thurs. (3:00)

Waterpolo = none, only away games

MOOR graphic by GEN THIPATIMA

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