

Varsity Football Team Calibrating to New Coach



SIMEON LAM
Staff Writer

Six weeks ago, the Alhambra Unified School District shocked AHS's football program by terminating its coaches for providing creatine, a muscle-building supplement. This gave former football coach Eric Bergstrom the opportunity to become the new head coach. His love for the game of football made the decision to become head coach effortless. He previously coached 10 years as an offensive coordinator at the college level.

"My expectation for [the team] is that we can get better every day," Bergstrom said. "That is what we strive to do every day and not just be satisfied with where we're at with something."

After a summer of hard work, the Moors have started season play. Their first non-conference game resulted in a 6-38 loss to Arcadia on Aug 30. In 2012 and 2011, the previous teams have gone 4-6 and 9-3, respectively. The varsity squad hopes to return to CIF playoffs with their fourth

"[He] is very organized and straightforward. Everyone is excited for the season to start."
-Kyle Hua

coach in three years after missing out last year. The team also hopes to become league champions for the first time since 2006. With league play coming up, the players have adjusted to the new coach very smoothly over the summer.

"[He] is very organized and straightforward. Everyone is excited for the season to start," junior center Kyle Hua said.

Daily football practice consists of warm ups, stretching, offensive individual drills, group drills and team drills. The same routine repeats on defense. Meanwhile, the Moors have special teams practicing in the middle of the field.

According to Bergstrom, the team has shown a great work ethic. "I think they've got potential to do good things. I'm having more fun coaching right now than the last couple years," Bergstrom said. "We want our [football] program to be a good representative of the school and the community."

According to the players, Bergstrom's strong leadership has pushed them to work hard.

MOOR photo by YIBEI LIU
'TIRE'D BUT INSPIRED AHS varsity football team takes a short break from an intense practice in order to prepare for their upcoming season.

Anhayte's Antics

When Should Pro Athletes Be Awarded Special Treatment?



ANHAYTE GUAJARDO
Staff Writer

Professional athletes grace the cover of countless magazines, children and adults walk around with their favorite athlete's number and name on their clothing. Although people watch their star athletes from the stands or in front of their TV, it does not mean professional athletes should be granted special public assistance for personal needs.

Recently, professional basketball player LeBron James used police to escort him out of traffic to a Jay Z and Justin Timberlake concert on Aug. 16. Even though James is a famous athlete, he is not entitled to police escorts that are paid with 19 percent of our federal taxes, whenever there is heavy traffic.

However, there are few circumstances when professional athletes should get special attention. When getting swarmed by people, they should receive special treatment as protection from crazed fans and people who want to harm them. Some examples would be privileges when they travel from city to city or protection when arriving to a hotel for a game because their life might be in danger.

Pro athletes also work very hard and train countless, intense hours throughout the year in order to beat the competition. But being high at risk for severe injuries such as a broken leg or a torn ligament, they should receive the best attention possible when getting ready for a match or game because a lot of people are relying on them.

Although citizens are great fans and worry for many pro athletes, people's tax dollars should not be allowed to be spent on extreme special treatment for personal needs, such as escorts, because they should be treated like any other person.

MOOR photo by YIBEI LIU

New Coach and New Plans for Boys' Water Polo

KAYIU WONG
Staff Writer

With the fall season quickly approaching, the varsity boys' water polo team is undergoing constructive practices every afternoon. Under the leadership of new Head Coach Adrian Lopez and varsity captain Daniel Lindley, assembling new offensive tactics and strengthening endurance are two main preseason goals.

"We are going to focus a lot on drive plays. Just being a little quicker on knowing how to read the ball [and executing] much more precise passes so we can get a shot up quicker," Lopez says.

Before becoming head coach, he was the team's previous lifeguard at Granada Park and a former AHS water polo athlete a few years prior.

The team feels that the changing of staff has been a good asset. "I think that [Lopez] has been a

good role model for us. [...] He's been in our shoes [and] works with us [based on] how his water polo life was when he was in high school," Lindley said.



Adrian Lopez

According to varsity goalkeeper Jeffrey Huynh, this year's team consist of ten or eight players, who turners last year. To diligently, the team's conditioning surprises high

intensity swimming, endurance building, cardio exercises and ultimately arranging new game plays.

"We plan on using those plays when we are playing in real games," Huynh said.

Another fresh plan for the team includes implementing new offensive plays. Lopez aims to replace the normal three-on-three offense they used before with quicker drive plays. He feels that working on more precise passing, shooting more swiftly, and developing more focal set players will be the keys to success.

From transitioning to a new coaching system and adding new season plays, it seems that boys' water polo has been very productive during their preseason.

"This year, it's just going to be all out. Hardcore offense and defense, and scoring goals," Lindley said.

MOOR photo by YIBEI LIU

JV Girls' Volleyball Strive for a Successful Preseason

WESLEY TSAI
Staff Writer

This year's preseason, the JV girls' volleyball team, and along with Coach Tiffany Huang are determined to have successful preseason.

Last year, the Lady Moors had a preseason record of 3-2 and aim to go further this year. The Moors' first game this preseason is against Flintridge Prep, and with all the extra drills Huang uses to help the team be prepared for the preseason, the Moors are ready.

This year, 13 freshmen and sophomores moved up onto the JV team from the 'frosch' team, all without the experience of the JV pace. Huang has extra practices to help the team gets used to her coaching style and the new difficulty level. "They seem to be adapting well to me though we are still getting familiar with each other. One of the strategies this year is to focus on each skill at a time and piecing them all together, and by doing that we will be able to work together as

a team [...] Hoping [that] the team [will be more] comfortable with their own abilities [as we piece them together]," Huang said. The teams practice mostly consists of passing, setting, serving, running, footwork and hitting. "Without passing, there is no play. The passer's job is to get the ball to the setter without making her struggle so she can have a good set to the hitter so the hitter can score for the team," sophomore libero Iris Zhou said.

MOOR graphic by SYDNEY LI

JV Girls' Tennis Team: New Faces, Same Goal

KEVIN KONG
Sports Editor

Having lost about 10 players to the varsity team, and retaining only one returning player and gaining 13 new players, the JV girls' tennis team is working together in order to improve during the preseason.

"[Our team is strongest in] teamwork because everyone is really friendly towards each other and is willing to help other team members," senior captain Elaine Yu said. The girls practice daily

by holding two doubles or singles matches, while the remaining players' execute drills to improve their backhand, forehand, serves, and volleys. In addition to their daily training, the team began practice early in the summer by participating in a summer training camp. "We did a lot of drills. The girls worked on all facets of the game [at the tennis camp]. These [girls] are mostly beginners, but they've worked hard to improve since summer camp," JV Coach Bill Yee said.

Under the guidance of Yee, the Moors are determined to strengthen their skills throughout the year in hopes of moving the girls up to the varsity team by next year. The team won their first preseason game on Sept 3 against the John Burroughs High School team with a score of 10-8 on Sept 3, and lost against the San Marino Titans 4-14 on Sept 5. Support your fellow Moors on Sept. 16 at their next home game against Rosemead High School at 3:15 p.m.

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