# SPORTS

## GIRLS' TENNIS

Tiffany Chan, Senior

#### 1. How has this sport affected you as a person?

In freshman year, my senior teammates nurtured and supported me. In sophomore year, I had to be responsible and win as many of my sets as possible. In junior year, I learned to be a nurturing figure for our incoming freshman varsity players. By senior year, I've dealt with having to keep up with my reputation. I've learned to be dedicated, not only to the sport and the team, but also to my classes and my other extracurriculars.

2. Why did this sport become your interest and passion?

Originally, it was only out of sheer coincidence that my friend asked me to go to the summer tennis tryouts with her. In the end, I moved up to the varsity group at a rather expedited pace and I befriended a lot of seniors who guided me. I fell in love with the team aspect of high school tennis.

**3.** When did you begin playing and will you continue to play after high school? My parents taught me how to hit a tennis ball and I would just hit against a wall or with them during grade school. I started playing competitively when I joined the high school team. I want to do college tennis, probably Division 2 or 3 if I'm lucky, but if I don't get to play for the tennis team then I'll join a club or intramural.

#### 4. What lessons has this sport taught you throughout your career?

The most prevalent lesson has been how to manage my time, putting effort into getting better at tennis while keeping my grades stable. Sophomore year was extremely difficult for me to balance, but it was smooth sailing from there. I also learned how to be patient and control my emotions, since tennis is a very mental sport.

#### 5. What are your career goals after high school?

I know that I won't go pro for tennis. I'll probably go into a field of engineering, but I hope to play college tennis. If I go to a Division 3 school, I'll definitely try to make the team. If I get into a D2 school, I know it'll be more competitive. If I get into a D1 school, then I will probably end up playing club tennis or an intramural.

ERIC HUANG Staff Writer

## GIRLS' VOLLEYBALL

Melody Luo, Senior

#### 1. How has this sport affected you as a person?

Volleyball made me more patient and understanding. I realized that yelling at my teammates does not help the team. As a captain, I set an example for my teammates by giving them words of encouragement and confidence. I learned how to control and shape myself to become a better person off and on the court.

#### 2. Why did this sport become your interest and passion?

The summer before high school, I found out that my mom used to be a pro volleyball player in China, which inspired me because of her path to becoming a professional athlete. My mom took me to Club Heights volleyball club to see if I liked it. At first, I hated it because my approach for hitting and form for passing was all over the place. I was about to give up until my mom gave her words of advice. I was determined to improve and practice everyday before freshman tryouts. The more improvement I made, the more interest and passion I had for volleyball. I feel like the court is my escape from reality.

3. When did you begin playing and will you continue to play after high school?

I began playing volleyball during freshmen year at Mark Keppel High School. Since freshmen year, I played in volleyball clubs called Club Heights and Starlings until my junior year. I don't think I'll be good enough to be in a collegiate volleyball team but I might do an intramural sport team for fun.

#### 4. What lessons has this sport taught you throughout your career?

I learned that volleyball is not just a sport you play for fun. It is all about teamwork and your mentality. You always need a positive attitude and confidence on the court or else it will bring your teammates down. That is why it is best to have a good attitude to help bring your teammates back up.

#### 5. What are your career goals after high school?

My goal is to attend a four-year university, majoring in Kinesiology to become a physical therapist. I have been injured several times and would like to learn more about it.

VIVIANNE LAM Staff Writer

## FOOTBALL

Joey Santana, Senior

#### 1. How has this sport affected you as a person?

[Football] made me work harder; it made me realize that there's a lot of stuff you can learn from football like being a man. It taught me about responsibility.

#### 2. Why did this sport become your interest and passion?

When I was little, my mom couldn't afford for me to play, but I just really liked watching other people play.

3. When did you begin playing and will you continue to play after high school I began playing football in the eighth grade. I'm probably not going to play football after high school.

#### 4. What lessons has this sport taught you throughout your career?

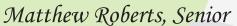
Pretty much, it's taught me a lot of responsibility and to own up to what you do. There's a lot to be responsible for in life.

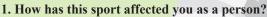
#### 5. What are your career goals after high school?

So far, I do not have any career goals after high school.

ALEXANDER LIN MARK LORENZO Staff Writers

# CROSS COUNTRY





It helped me with time management throughout my life and helped with trying to fit in school work and practice as well as trying to work under pressure and have higher expectations of myself.

#### 2. Why did this sport become your interest and passion?

Primarily at first because I tried out for soccer and I couldn't finish due to problems with my foot. From that point forward I joined the team and enjoyed the personality of everyone.

#### 3. When did you begin playing and will you continue to play after high school?

I first started running track as a sport freshman year and my first year of cross country was sophomore year. Maybe not in college due to competitiveness but will for sure practice in my free time.

#### 4. What lessons has this sport taught you throughout your career?

The most important aspect of being good at anything is to have the right mind set. Mainly because your time is focused on how much you focus and how determined you are to do well.

#### 5. What are your career goals after high school?

Currently, I feel like majoring in mechanics engineering as well as work at an engineering company. I would also like to learn a second language revolving around the ethnicity of my community.

BENJAMIN LANGE Staff Writer

# GIRLS' GOLF

Yaneli Guajardo, Junior

#### 1. How has this sport affected you a person?

This sport has helped me mature and be much calmer and relaxed than I usually am. **2.Why did this sport become your interest and passion?** 

This sport became my interest and passion because it is a very unique sport, and when I was first introduced to the sport I loved to see how far the ball could fly through the air.

**3.** When did you begin playing and will you continue to play after high school? I began playing golf when I was 9 years old, and I haven't decided if I want to play after high school, but I do love the sport and it would be a great opportunity.

#### 4. What lessons has this sport taught you throughout your career?

Throughout my career, golf has taught me to always look ahead and never focus on the past. If you had a bad hole, you pretend it never happened and play your best on the next hole. I've also learned that it is much better to learn golf as part of a team before you play by yourself, because teammates are the best source of support when you walk nine holes together.

#### 5. What are your career goals after high school?

My career goals after high school are to go to college and I am considering playing sports, but I haven't made any set decisions.

CRISTIAN MULLEN

A N Staff Writer

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# BOYS' WATER POLO

Dominic Perez, Senior

1. How has this sport affected you as a person?

It has affected my time management skills, my athletic ability, to be more aware of everything that is going on around me, changed the way lact, and react around others.

2. Why did this sport become your interest and passion?

I have been swimming for five years it was kind of impossible to not be interested in this sport, also, the intensity level of the sport as playing as a team and not just for myself.

3. When did begin playing and will you continue to play after high school? I began during sophomore year and I'm not sure if I will continue in college due to high skill level

4. What lessons has this sport taught you throughout your career?

Taught me how to be a good leader and to have good communication and learned not to blame others for your own mistakes, it's a team mistake not one specific person.

5. What are your career goals after high school?

I would like to attend San Jose State University and do anything business related. It doesn't matter what it is exactly.

JOSHUA MORELION Staff Writer

